

# Babes in the Woods 2day Women's Backcountry Camp

Presented by the Bolton Babe Force

No backcountry experience needed. Skiers and Splitboarders Welcome

Bolton Valley Ski area and Backcountry Center, Bolton Valley Vermont

**Price:** \$350

- **Includes:** 2days of backcountry focused events, 2day backcountry tickets, 2day lift tickets, lunch and breakfast both days, one apre drink ticket per day, tech talk, yoga class, hot tub and sauna access, moonlight skin
- **Price does not include** dinners, equipment, personal snacks, lodging
  - **Lodging:** Participants get a standard room for at a discounted \$79 a night, and a \$99 deluxe room, at the Bolton Valley Base Lodge Hotel, Fri &/or Sat &/or Sun. Details in your confirmation email.
  - **Rental Equipment:** Rental Equipment: limited amount available through Bolton Valley Backcountry at a discounted rate for a \$40 a day hardgoods rental package. Details in your confirmation email. Limited availability, after you signup please email [jsass@boltonvalley.com](mailto:jsass@boltonvalley.com) for assistance in reserving any available gear ahead of time! If we have low availability, we can provide you information on renting elsewhere.

**Ski/Ride Ability:** Levels 5 and up. No Backcountry experience needed, but must be [Level 5 or Higher](#) skier or rider

**Ages:** 16+

**Signup:** [BoltonValley.com/BabeForce](http://BoltonValley.com/BabeForce)

## Saturday, March 21<sup>st</sup>

- **Arrival / Check-in** Breakfast options provided
- **Morning Session** Three options, choose between either:
  1. **Intro to Backcountry Clinic**  
Great starting point for all first timers, and those needing a refresher. Cover equipment, layering, tech
  2. **Gear Demo**  
Unstructured time for you to demo skis and splits from your favorite brands. \*limited number available
  3. **Experienced 3-hour side-country tour**  
Different groups split on ability and desired intensity, for a guided side country tour
- **Lunch** Lunch buffet provided
- **Afternoon Session** Three options, choose between either:
  1. **Workshop – First Aid in the backcountry**  
Bolton Valley's female Patrol Director will teach you the basics of how to respond to different situations that can occur in the backcountry
  2. **Gear Demo**  
Unstructured time for you to demo skis and splits from your favorite brands. \*limited number available
  3. **2-hour side-country tour**  
Different groups split on ability and desired intensity, for a guided side country tour
- **Après and Tech Talk** Grab a drink while viewing equipment demonstrations, learn about the advantages and disadvantages of different gear
- **Free Time** Take advantage of our Sauna, Hot Tub and Restaurants, grab some dinner and unwind.
- **Moonlight Skin** Bring your headlamps as we take a late-night journey into nature

## Sunday, March 22<sup>nd</sup>

- **Morning Yoga Class**
- **First Tracks** A campers-only early chairlift ride to make turns before the lift opens to the public
- **Morning Fuel Up** Breakfast options provided
- **All Day Session** Choose between:
  1. **All Day Tour**  
Different guided groups, split based on ability and desired intensity  
Grab your lunch from the staff before you head out
  2. **Half day Tour**  
Morning , Tour until 1:00pm – different groups based on ability  
Afternoon, Either First Aid in the Backcountry OR 2hour-sidecountry tour, lunch provided
- **Après and Wrap up** Story Swap and Après in the James Moore Tavern

Each session option needs at least 3people per group to run

**This itinerary is subject to change**

