



## Corporate Race League Handicap Adjustments

<b>Equipment</b>	<b>Seconds</b>
Telemark Ski	1.0
Snowboard	3.5

<b>Age</b>	<b>Seconds</b>
35-39	0.3
40-44	0.5
45-49	1.0
50-54	1.5
55-59	2.0
60-64	2.5
65-69	3.0
70-74	3.5
75-79	4.0
80+	5.0